

## OBSERVATION TASK

Which paths have you already taken today? Which ones are you planning to do? Think about your bodily condition. Which paths were easy to take, where did you have difficulties, where did you perhaps even take a diversion?

*Draw a map on the Paper added, and mark, where things were easy and where not.*

*Important: No one has a right to know such things from you. Only share what you want to share with the group.*

## OBSERVATION TASK

Imagine, you were not able to speak and understand the English or German language.

Which of your actions today would you have needed help with?  
How would you have claimed it?

*Write the aspects that come to your mind as precisely as possible each on a card.*

## OBSERVATION TASK

You are here today and not elsewhere. Why is that?

*Write on one card 5 reasons that have brought you here.  
Then cross out one reason that you wish had led you somewhere  
else.*

## OBSERVATION TASK

Take some time to observe the room. What do you like, what not?  
What furniture, light situation, wall structure, room dimensions, etc.  
helps you, to be in the situation, which not?

*Make a sketch.*

## OBSERVATION TASK

In which situation today did you feel more exposure than you would have liked to feel? In which would you have liked to be more visible?

*Write a microscreenplay on a sheet of paper that reverses the situation.*

## OBSERVATION TASK

Have you spent more time than usual for this week on your clothes, hairstyle, appearance, etc.?

*Write down a number of minutes.*

## OBSERVATION TASK

Safety is a very important feeling for acting. Do you feel safe? If yes, try to formulate, what led to that feeling. If you don't feel safe, try to explain, why that is.

*Use the cards to explain your thoughts.*

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## OBSERVATION TASK

How has today's weather influenced your present situation?  
Try to understand as precisely as possible your current situation in relation to the weather.

*Use the cards to explain your thoughts.*